



Birth & Being.

An International Congress marking the International Year of The Child, examining early experiences, from conception onward, which effect the physical, mental and emotional well-being of the individual, the family and society.

Melbourne University. May 14-19, 1979.

Welcome to the
Birth and Being Conference
sponsored by the
Australian Birth Foundation
and the Childbirth Education
Association of Victoria

.00 - 10.00

Registration

0.00 10.30

Welcome and Opening Address

PAM FARFOR



PAM FARFOR is mother to Belinda, Hamish and Susannah. She is President of the Childbirth Education Association of Victoria and a Director of the Australian Birth Foundation. A trained nurse, she has been a childbirth educator and counsellor with CEA for the past seven years.

0.30 11.45

Kids on Birth

JOHNNY YOUNG

JOHNNY YOUNG is a well-known Melbourne personality who is very interested in children and the ideas of gentle birth. He has two small children of his own.

1.45 1.15

Lunch

.15 2.30

Physical Care of the Unborn Child.

Nutrition in Pregnancy

RUTH ENGLISH.

RUTH ENGLISH is Senior Nutritionist with the National Medical Health and Research Council.

The effects of drugs, smoking and alcohol on the foetus

DR. MICHAEL ADAMSON.

DR. MICHAEL ADAMSON is a Senior Lecturer in the Department of Paediatrics at Monash University and has done research into foetal development biology.

.30 3.00

Afternoon Tea

.00 5.00

Is Gentle Birth Preventative Medicine?

DR. GRAHAM FARRANT.

Also contributing is Dr. Michael Epstein, child psychiatrist.

DR. GRAHAM FARRANT was primarily responsible for bringing the ideas of Frederick Leboyer to the Australian public. Between 1961 - 1971 he held various hospital positions in the fields of adult and child psychiatry, entering private practice in 1971. Two years later he experienced, and then trained in, Primal Therapy. Now Dr. Farrant has a private practice in Primal Therapy as well as being father to four children and a CEA advisor.

ORKSHOPS

.30 p.m.

Primal Therapy

DR. GRAHAM FARRANT

at CEA, 116 Glenferrie Road, Malvern.



10.00 – 10.45

Loving and Birthing – Psychosexual Preparation of parents for the birth of their child.

SHEILA KITZINGER



SHEILA KITZINGER is a child-birth educator and social anthropologist whose main interests lie in the fields of the psychology of childbearing and the comparative sociology of birth and breast-feeding. Since 1958 she has been developing her psychosexual method of preparation for birth and parenthood, involving both parents in the emotional and physical aspects of birth. She has written several books on this and similar subjects, and still teaches

for the National Childbirth Trust in Britain. Mrs. Kitzinger and her husband live in England with their five daughters.

10.45 – 11.15

Morning Tea

11.15 – 12.30

Film: 'Feelings about Birth' followed by discussion –

SHEILA KITZINGER

2nd stage labour

12.30 – 1.30

Lunch

1.30 – 3.30

The Immaculate Deception – a critical look at modern obstetrics –

SUZANNE ARMS.



SUZANNE ARMS is an author, photographer and film maker who, in her public appearances, films and books (which include 'The Immaculate Deception') has closely examined all aspects of obstetrical care and the choices available to couples giving birth.

3.30 – 4.00

Afternoon Tea

4.00 – 5.15

Forum discussion on choices in child birth.

SUZANNE ARMS with –

SR. HELEN HUDSON – Hospital

DR. STAN REID – Birth Centre

SR. EDITH GOSLING – Home Birth



SR. HELEN HUDSON is a Charge Sister at the Queen Victoria Medical Centre and is concerned about the welfare of women and babies in our hospitals.

WORKSHOPS

7.30 p.m. Psychosexual preparation for birth and parenthood –

SHEILA KITZINGER

at CEA, 116 Glenferrie Rd., Malvern.

7.30 p.m. Transactional Analysis and Child Development –

DR. KERRY CALLAGHAN



DR. STAN REID, MBBS, FRCOG, is Medical Director at the King Edward Memorial Hospital in Perth.

7.30 p.m. Applying the Principles of Adult Education to Ante-Natal Classes –

NORMA ALDEN,

leading Canadian childbirth educator.

SR. EDITH GOSLING has been a nurse for 20 years. She is a practising midwife and has delivered about 800 babies in their homes in New South Wales.

10.00 -- 10.45

The Biology of Parent -Infant Attachment

DR. JOHN KENNEL



DR. JOHN KENNEL is the Professor of Paediatrics at Case Western University School of Medicine in Cleveland, Ohio. In conjunction with Dr. Marshall Klaus, he researched and wrote the book 'Maternal Infant Bonding'. Whilst in Melbourne, Dr. Kennell is the Felton Bequest visitor to the Queen Victoria Medical Centre.

10.45 -- 11.15

Morning Tea

11.15 -- 12.30

Parent--Infant Bonding --

DR. KERRY CALLAGHAN

'A Time to Touch'

JACQUI SHOWELL



DR. KERRY CALLAGHAN, a graduate of Adelaide University, spent several years working in General Paediatrics before specialising in Child and Family Psychiatry. He became particularly interested in the effects of early childhood experiences on personality development. Dr. Callaghan now conducts a small counselling practice and also trains counsellors in various related therapies.

12.30 -- 1.30

Lunch

1.30 -- 2.00

Coping with an Imperfect Baby --

KERRY KENIHAN

KERRY KENIHAN is an author, parent and President of the Osteogenesis Imperfecta Foundation.

2.00 -- 3.30

Results of Obstetrical Interference in birth --

DR. MURRAY ENKIN



JACQUI SHOWELL trained as a physiotherapist in Adelaide and worked for several years with spastic children. At present she works part-time for both the Adelaide Children's Hospital and the Mothers' and Babies Health Association, mostly with babies who have neurodevelopmental problems.

3.30 -- 4.00

Afternoon Tea

4.00 -- 5.00

Patterns of Obstetrical Interference in Australia --

DR. JUDITH LUMLEY



DR. MURRAY ENKIN is the Associate Professor in Obstetrics and Gynaecology at McMaster University, Hamilton, Ontario. He is also on the Board of the International Childbirth Education Association and is associate editor of 'Birth and the Family Journal'. Dr. Enkin has done a great deal of research into the results of obstetrical interference.

DISCUSSION

WORKSHOPS

7.30 p.m. Alternatives in Childbirth --

SUZANNE ARMS

7.30 p.m. Massage for Traumatized Babies --

JACQUIE SHOWELL

7.30 p.m. The Continuum Concept --

JEAN LIEDLOFF.



DR. JUDITH LUMLEY is a graduate of the Monash Medical School and she still lectures at the Department of Obstetrics and Gynaecology at Monash. She is especially interested in the effects that the management of labour have on maternal--infant bonding, hence also her interest in home birth. The mother of three sons, she is a CEA advisor.

extending the Bonds into Family Life.

11.00 – 11.15
The Continuum Concept
JEAN LIEDLOFF

JEAN LIEDLOFF was inspired to write her book 'The Continuum Concept' after living with the Yequana Indians of South America and observing their natural, simple way of rearing children.

11.15 – 11.45
Morning Tea

12.15 – 12.30
Emotional Deprivation in Perspective --
RAY WILLICH



RAY WILLICH is Superintendent of "Allambie", Melbourne's Reception Centre for children in need of care and attention. He is deeply involved in work with maltreated children and has written two books on this subject, based on his own point of view of his own unpleasant childhood.

2.30 – 2.00
Lunch

3.00 – 3.15
Free Family and Feedback --
a Three Generational View of Family Life --
THE RITTER FAMILY



JEAN AND PAUL RITTER, formerly of England and now residents of Perth, are parents who brought up their children in the belief that a child knows what is best for him right from the moment of birth. The results of their creative experiment in self-regulation for children were recorded in their books 'The Free Family', and 'Free Family and Feedback 1949-1974'. They also founded the Planned Environment and Education Research Institute in 1953.

3.15 – 3.45
Afternoon Tea

5.45 – 5.00
Free Family and Feedback -- continued.



WORKSHOPS

7.30 p.m. Counselling Parents of Sick, Malformed or Dying Children --
DR. JOHN KENNELL

8.30 p.m. Birth of a Baby - the Siblings' view --
JEAN & PAUL RITTER

9.30 p.m. Alternatives in Childbirth --
SUZANNE ARMS

Joyful Birth, Joyful Being –
How can we make it happen and so work towards
a healthier society?

9.00 – 9.45
Birth and Beyond

9.45 – 11.45
Open Forum. Your chance to ask all those
questions you wanted to ask the first time. With –
SUZANNE ARMS
DR. MURRAY ENKIN
DR. JOHN KENNEL
SHEILA KITZINGER
DR. GRAHAM FARRANT
JEAN LIEDLOFF
JEAN & PAUL RITTER

11.45 – 12.45
Lunch

12.45 – 2.00
Summing-up and Congress
Recommendations.

7.00 p.m. CONGRESS DINNER
at Leonda By The Yarra.

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TAA

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