

20073-281-040

"HOLISTIC HEALTH DAY"

EMBRACING: ALTERNATIVE THERAPIES, "POSITIVE WELL-BEING"
PHILOSOPHICAL & SPIRITUAL APPROACHES TO LIFE

WHEN: ~~SUNDAY~~ ^{SATURDAY} 15 FEBRUARY 1986, 12.00 ^{NOON} ~~P.M.~~ TO 4.30 P.M.

WHERE: POTTERS PARK, MOUNT EDEN

Dear Joan,

WE ARE PLANNING TO HOLD A "HOLISTIC HEALTH DAY" AS PART OF OUR SUMMER ACTIVITIES PROGRAMME. WE ARE INVITING GROUPS AND INDIVIDUALS FROM THE MOUNT EDEN AND AUCKLAND AREA TO PARTICIPATE, AS OUR COMMUNITY HAS ALWAYS SHOWN A LOT OF INTEREST IN THE FIELD OF ALTERNATIVE HEALTH AND SPIRITUAL WELL-BEING.

WE ALSO FEEL THERE ARE MANY GROUPS TUCKED AWAY IN MOUNT EDEN WHO HAVE A LOT TO OFFER AND A "HOLISTIC HEALTH DAY" WILL PROVIDE THE OPPORTUNITY FOR GROUPS AND INDIVIDUALS TO COME TOGETHER, TO MAKE KNOWN THEIR SKILLS, "GIFTS", ALTERNATIVE THERAPIES ETC.

IF YOU HAVE ANY FURTHER QUERIES OR IF YOU WOULD LIKE TO BECOME INVOLVED, THEN PLEASE LET US KNOW AS SOON AS POSSIBLE BY RINGING KAYE MCKINNON AT MOUNT EDEN BOROUGH COUNCIL TELEPHONE 688-094 OR ~~ROBERTA~~ AT CITIZENS ADVICE BUREAU COMMUNITY OFFICE TELEPHONE 603-139.

COULD YOU ALSO PLEASE FILL OUT THE ENCLOSED FORM AND RETURN AS SOON AS POSSIBLE. THANK YOU.

ROBERTA LOCHEAD
COMMUNITY ACTIVITIES ADVISOR
KAYE MCKINNON
COMMUNITY SERVICES OFFICER
MAXINE NADINE
CULTURAL OFFICER

P.S. Joan - the Laleche League has been contacted - it would be wonderful to have you both.
P.P.S. Where is Joan these days?

MCOUNT EDEN FESTIVAL OF HOLISTIC HEALTH
SATURDAY 15 FEBRUARY 1986
12.00 NOON - 4.30 P.M.

HAPPY NEW YEAR!

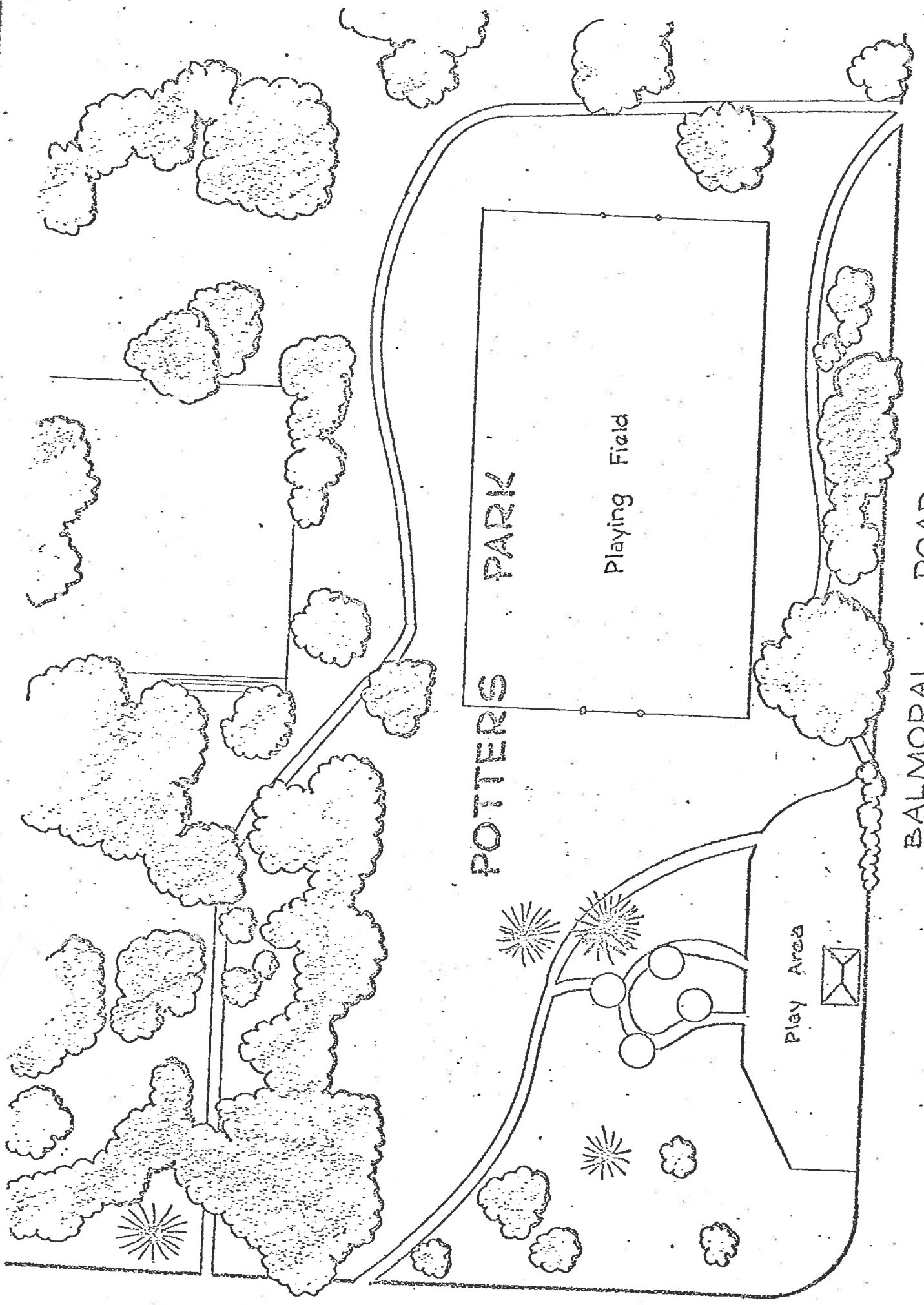
THANK YOU FOR YOUR INTEREST IN OUR MOUNT EDEN FESTIVAL OF HOLISTIC HEALTH; WE ARE DELIGHTED WITH THE RESPONSE AND FEEL THAT IT WILL BE A MOST INTERESTING AND INSPIRING DAY FOR ALL.

- * A CORRECTION TO OUR FIRST LETTER, 15 FEBRUARY IS A SATURDAY NOT A SUNDAY.
- * BECAUSE OF THE STRONG INTEREST IN THE FESTIVAL WE HAVE DECIDED TO BRING THE PROGRAMME FORWARD TWO (2) HOURS. THE FESTIVAL NOW STARTS AT 12.00 NOON INSTEAD OF 2.00 P.M. AND GOES THROUGH TO APPROXIMATELY 4.30 P.M. GROUPS CAN SET UP DISPLAYS BETWEEN 10.00 A.M. AND 12.00 NOON. PLEASE GO FIRST TO THE REGISTRATION DESK AND A TABLE WILL BE ALLOCATED TO YOU, AND A TIME ASSIGNED TO THOSE WHO WILL BE USING STAGE AND P.A. SYSTEM.
- * WE WILL BE ALL PRAYING FOR FINE WEATHER! HOWEVER, IF THE WEATHER IS UNSUITABLE, THE FESTIVAL WILL BE POSTPONED TO THE FOLLOWING SATURDAY 22 FEBRUARY.
- * IF YOU WOULD LIKE MORE POSTERS SENT OUT TO YOU PLEASE RING ROBERTA 603-159 OR KAYE 636-036. ALSO, IF YOU KNOW OF ANY GROUPS OR ORGANISATIONS THAT HAVE NOT BEEN SENT AN INVITATION, AND WHO WOULD LIKE TO PARTICIPATE, PLEASE RING ME AND WE WILL SEND OUT A FORM.
- * WE WOULD LIKE THE FESTIVAL TO BE VISUALLY EXCITING, SO IF YOU CAN, MAKE DISPLAYS COLOURFUL AND EYE-CATCHING USING POSTERS, BANNERS ETC.
- * ENCOURAGE COMMUNITY INVOLVEMENT. MAKE IT MORE THAN JUST GIVING OUT PAMPHLETS, BY CREATING A RAPPORT, SHARING IDEAS AND JUST GENERALLY HAVING FUN.
- * THERE WILL BE ENTERTAINMENT FOR CHILDREN INCLUDING CHILDREN'S THEATRE, CLOWNS, FACE-PAINTING ETC.
- * SOME STALLS WILL BE SELLING VEGETARIAN FOOD. WE ALSO HOPE TO HAVE DIFFERENT HERBAL TEAS FOR SALE.
- * WE HAVE TRESSLES AVAILABLE BUT YOU WILL NEED TO PROVIDE YOUR OWN TENTS. IF YOU ARE REALLY DESPERATE THEN WE WILL TRY AND FIND A TENT FOR YOU.
- * FINALLY, WE WILL BE PROMOTING THIS FESTIVAL EXTENSIVELY, SO EXPECT A GOOD TURN-OUT!
- * WE LOOK FORWARD TO SEEING YOU ON THE DAY! TELL YOUR FRIENDS, EVERYONE IS WELCOME.

KIND REGARDS

KAYE MCKINNON, COMMUNITY SERVICES OFFICER, MT EDEN BOROUGH COUNCIL
ROBERTA LOCHHEAD, COMMUNITY ACTIVITIES SUPERVISOR

THANKS TO PLANNING GROUP - MT. EDEN WELLNESS CENTRE PLUS SUE, JUDITH,
MIRIANA, BRUCE, DANE, RATHAKETU AND OTHERS FOR ALL YOUR HELP.



POTTERS PARK

Playing Field

Play Area

ROAD

DOMINION

BALMORAL ROAD

200 → 4 30

WELLNESS CENTRE

