

New Mother Support Groups (Auck.) Inc organises neighbourhood based support/discussion groups for mothers with children under two years, to get together and share their ideas and resources.

We have been operating in Auckland since 1983 and are part of the National Collective of New Mother Support Groups. At present we are based at the Womens Centre, 63 Ponsonby Road where we share a house with 5 other organisations. Our paid workers administrate the organisation and co-ordinate our 100 volunteers. They also facilitate our training programmes for the women who co-lead our groups.

Our present location is not large enough to undergo these training groups, and has no facilities for childcare which must be available at the same time so that women are free to attend the training. We need an inner city venue so that women from all areas of Auckland can attend.

As part of the Well Womens Clinic we would have access to the spaces we need for our training and childcare facilities. We would hope to share switchboard and answerphone facilities with other groups and share our files and resources where applicable. Women coming to our groups would be able to make contact with the other organisations and find out what is available to them. This may alleviate some of the social isolation mothers so often feel.