

AUCKLAND HOMEBIRTH ASSOCIATION
P.O. BOX 7093,
WELLESLEY ST.,
AUCKLAND.

AUCKLAND NEWSLETTER NO. 34

December, 1986

Next Series of Meetings: Every Third Tuesday at 7.30 p.m.
ALL WELCOME

Feb 17 Karen Ewington's
56 Taramea St Avondale Ph 887741

March 17 Claire Minhinnick's
5 Ponsonby Tce Ponsonby Ph 760066

April 21 Sarah Bartlett's
3 Pencarrow Ave Mt Eden Ph 601082

HOME BIRTH PICNIC !!!!!!!!!!!!!!!
Sunday 22 Feb Cornwall Park 12 noon
Bring your lunch - there will be
an organised programme of fun
activities for children.
Turn into Cornwall Park off
Greenlane Rd and proceed to the
roundabout. There you will see a
home birth banner or sign - come
along for a fun afternoon.



NATIONAL COUNCIL OF WOMEN - monthly meetings ???????????????

We are looking for someone to attend monthly meetings to represent
the Auckland Home Birth Assoc at the NCW meetings. If you think
you can help please phone Marjet at 869458



EDITORIAL:

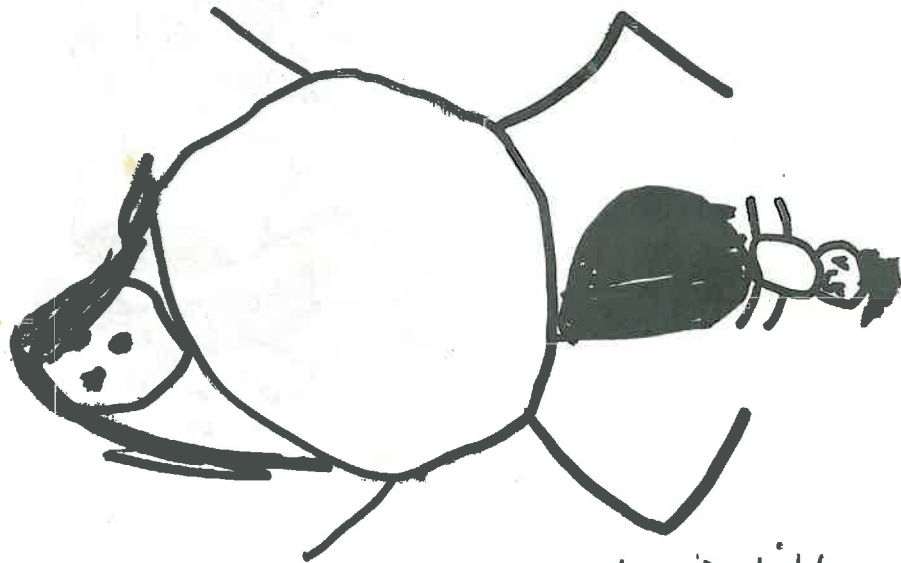
Well, here we are at the end of an auspicious year for home birth, bringing you your final edition of the newsletter for the year.

1986 has been memorable for home birth with the midwives receiving a 50% wage rise so long fought for; with the setting up of a midwives negotiating body to see that they gain parity with the hospital-based midwives; with the release of Joan Donley's book 'Save the Midwives', and the release of our very own video - "Home Birth - The Safe Alternative." This year our plea for help has drawn a good response from many home birthers. "Home Birth - Personal Choice - Political Act," the theme for the seminar concluding Home Birth Week, sums up the direction of Home Birth in Auckland.

The seminar was very successful including a panel discussion, a lunchtime concert from Meg and the Fones, workshops and the most fun creche yet with entertainment for the children. The next edition of the newsletter will carry a report on the 'Homeopathy for Children' workshop. Other contributions to the newsletter reporting on any other workshops would be very useful.

All in all our labours are progressing favourably, but it is long hard work. This year we have had a shot in the arm (forgive the imagery) with Meg & the Fones and their uplifting music and energy, but we still need lots of help and involvement at all levels to defend our right to birth at home....

Looking forward to 1987.... there are many projects underway, and also political developments which are threatening home birth. Come to the Home Birth Picnic at the beginning of next year and plan 1987 for Home Birth.



Lucy Daylight
Aged. 4 yrs.

-15A-
Who Controls Birth?

Wendy Savage (right), the British doctor who has been accused by her colleagues and her local health authority of professional incompetence, suspended from her work, then conclusively cleared, still finds those same colleagues unready to work with her.

She should have been welcomed back to her hospital work in east London - with the health authority's blessing this time, and well they might after their earlier behaviour - two weeks ago.

Yet last week, 18 months and some £250,000 of legal costs after her suspension, Wendy Savage's work was restricted to "administration", while her lawyers argued over the terms on which her colleagues would allow her - or the terms on which they could be disciplined if they refused - to resume what doctors are paid for, seeing patients.

Wendy Savage's suspension has

earned her more media attention than any British doctor of her gender since Marie Stopes.

The issues it raised are partly those of public administration; not least the astounding time and cost spent trying to get rid of a public servant wrongly alleged to be incompetent.

But the real issue is the one that separated Wendy Savage from her colleagues. This was not, as some press comment summarised it, one of natural childbirth versus "high-tech." In the context of modern medicine, caesarians or induced labour are about as high-tech as the horseless carriage. The argument is, as Wendy Savage puts it, one about "birth and power - who controls childbirth?" The answer today is obstetricians.

Many male obstetricians - let alone society at large, still dominated by men - barely realise that such an issue arises at all. Wendy Savage's real battle is barely begun.



NZ Herald Nov. 3.86

BUMPER STICKERS **WINDOW STICKERS**

We will shortly have new stocks of both Bumper and Window Stickers. These stickers cost \$1 each including postage. Please send your order to P.O.Box 7093 Wellesley Street Auckland.

Slogans available:-

HOME SWEET HOME BIRTH

WELCOME HOME BIRTH

I HAD MY BABY AT HOME NATURALLY

EINSTEIN WAS BORN AT HOME

HOME BIRTH NATURALLY

ENVELOPE RECYCLING LABELS

Reproduction below is reduced to half actual size.

Cost:- \$2 for 75 or \$1 for 35

Please send a stamped, self-addressed envelope with your order



ENVELOPE RECYCLING LABELS
• \$2 for 75

WANTED WANTED WANTED WANTED WANTED WANTED WANTED WANTED

HOME BIRTH BANNER

Thank you to all those people who have contributed a patch for this banner. It's looking really good but WE STILL NEED MORE PATCHES so we can complete it to the required size.

Sew, embroider, paint applique etc your impression(s) of Home Birth onto a patch 500 x 300mm or multiples of this. Please allow an additional margin of approximately 20mm so we can join them together and use a closely woven cotton fabric for your base/backing so the relative stress on each patch when sewn together is approximately the same. Please post your patch to - Auckland Home Birth Association P.O.Box 7093 Wellesley Street Auckland.

We also need someone with an overlocker to volunteer to sew all the patches together. If you would be willing to do this job please phone Nicholette 644 178



Please do one.

- no matter how simple -

SQUARES

measure.....



G.P. OBSTETRICS - A RATIONALE AND A FUTURE

On Tuesday 7 October 1986, Joan Donley (Domiciliary Midwife) and Lynda Williams (Maternity Action) were among speakers invited to address a Continuing Medical Education for G.P.s evening entitled G.P. Obstetrics - A Rationale and a Future. Excerpts from their speeches are printed below.

"Creating Change - the Role of the Consumer in G.P. Obstetrics"

Lynda began her talk by briefly outlining why a positive birth experience, in which the woman feels she was her baby's own deliverer, is so important.

She referred to a study by Ann Oakley, a British academic sociologist who undertook a research project entitled, "Transition to Motherhood: Social and Medical Aspects of First Childbirth"; this was a three year study of around 60 women having their first babies, who were all booked for delivery at the same hospital.

The transition to motherhood involves a number of key experiences affecting a woman's body, her sense of identity, and her way of life. How the birth is dealt with by the medical people attending the woman; the level of responsibility, preparation and involvement of the woman giving birth, the degree of technological intervention in the birth, the woman's previous life experiences and her present situation (relationship with the father of the child, physical environment and financial status) greatly affect how a woman makes this transition. If her previous life experiences, her birth experience and her present situation are less than ideal, the following are more likely to occur:-

- * loss of self-esteem
- * feelings of failure and personal inadequacy
- * feeling a lack of control over important events in her life
- * lack of confidence in her ability to parent effectively (confident, warm parenting is NOT encouraged by beginning with 9 months, or many years of treating the mother like a puzzled, fragile, dependent creature.)
- * loss of identity

An unsatisfying birth experience recurred as a contributing factor in maternal depression, sense of personal inadequacy and poor

feelings for the baby.

IT IS SIMPLY NOT ENOUGH TO GET BABIES BORN SAFELY

"Birth is part of a woman's very wide psychosexual experience and it is intimately connected with her feelings, which can last a lifetime, about her body, her relations with others, her role as a woman and as a mother, her worth as a human being and her sense of personal identity." (Sheila Kitzenger)

Lynda went on to say that she felt strongly that we must allow birth to be woman-controlled, something each woman works to bring about. The pain and stress of labour are part of this work. Labour and birth provide an important opportunity for a woman to know and come to terms with her body, to discover her physical and psychic resources.

As most of the audience were men, Lynda used the following analogy to describe how women feel about being in control of their own birth experiences... Imagine, if you can, Ed Hillary as he is making his attempt to reach the summit of Mt Everest. The final day dawns and off he sets knowing that this is the day that will see him at the top. Within a few hours he is wondering if he can indeed hold out. Every muscle and bone in his body is aching and he is beginning to think he must have been crazy to think he could conquer Everest. He struggles on, aware that if he can hold out just a little longer he might just make it. Just at that moment a huge helicopter appears, lands on the snow beside him, and plucks him off the mountain. Someone shoves a drug into him that takes all the pain away. The helicopter soars to the summit, allows him to step out onto the peak for a quick look at the view, before whisking him down to base camp and tucking him up in bed to recover.

And this is a bit like what happens to women when they are robbed of the experience of giving birth.

One of the ways to achieve a return to female control of childbirth is to reinstate midwives as autonomous, independent practitioners. Lynda expressed the hope that this would happen in the not too distant future. However, as the law stands at the moment it is G.P.s who must facilitate the change to woman-centred maternity care. She expressed concern about the numbers of G.P.s who are choosing not to do obstetrics, because, in our present situation only a G.P. can offer women such choices as birth in Level 0 hospitals (Howick, Papakura, Waitakere etc) or birth at home, and these are the places where we have a far better chance of achieving the kinds of

NEW MOTHER SUPPORT GROUPS Inc.

P. O. Box 39-074

Auckland West

New Mother Support Groups started in Auckland three years ago with a small group of women getting together because of an awareness of the isolation that so many women experience after the birth of a child. There are many organisations which cater for the needs of the baby and child but not the needs of the woman who is often feeling isolated and unsure.

The first two years of a child's life require from the mother a very high degree of care, time, and energy and in return the mother needs proper support. In an effort to provide this support New Mother Support Groups were formed. The groups are neighbourhood meetings which actively encourage women to use their own resources, talents and skills to create a friendly and supportive environment in which to meet. The groups are not advice-giving or problem-solving, but emphasize mutual support through sharing and aim to create caring networks of women in their own communities.

Groups run for eight weeks covering a range of topics from the experience of pregnancy and childbirth, changes in relationships, not being in the paid workforce, to our future aims and hopes. Each group has ground rules designed to create a safe and listening atmosphere. These include confidentiality, speaking from one's own experience and sharing what is comfortable. Strong friendships often develop and groups continue to meet after the eight weeks. A creche is provided so that women can have time and space to focus on themselves and to share with others. The groups are co-led by two mothers who have participated in a short skills-sharing group and they flexibly structure the group to the needs of its members.

Having a baby is a potentially stressful time for every woman, and even those who feel they are coping say their lives have been enriched by attending a New Mothers Support Group. Many women comment on the depth of sharing and their growth in self-esteem and confidence. Through sharing experiences with others they realise they are not alone.

If you are the mother of a baby or child under two (whether or not you have older children) and would like to know more about groups in your area, please contact:-

Office	788-672
Trish	276-9181
Heather	437-169
Ann	764-971
Sherryl	276-7563



give Barbara a ring and maybe you could go along together. She lives at Murrays Bay, phone 478-1444.

Tina Hoyle - constantly actively involved, has donated a breast pump - so if anybody wants to borrow it, ring me on 451-845. Tina and Sally Van der Wende also donated library books with money raised from a garage sale - thanks very much. Our library has recently been updated with a dozen new books supplied by the Association, all carefully covered and catalogued by Gabrielle. We are very pleased about this so ask that all borrowed books are looked after carefully and replaced if lost. Books are expensive to replace, and it has taken us a long time to build our library to its present standard.

An informal coffee morning for mums, babies and friends will be held at Highbury Community House, 187A Hinemoa Street, Birkenhead at 10 am Monday 24th November. Any enquiries phone Mary Lorden 483-894.

The next series of ante-natal classes will be held in February. For further information phone me, Ngaire Montaut phone 451-845.

CENTRAL AUCKLAND SUPPORT GROUP

There have been a number of changes recently which include:-

- the venue for support group meetings has been moved to Mt Eden Community centre.
- The classes now run for 6 weeks, rather than 4 and are held on Wednesday nights.
- Wherever possible, written sheets giving notes on the evening's topics together with relevant addresses and references are given out. The current organisers Linda and Joanna think this is very important.
- As a result of a questionnaire completed by people attending recent classes - the successful 'Political Night' where a panel comprising a home birth doctor, midwife and a member of the home birth association answered questions from those present, will be continued and also in future Homeopathic Remedies and What Do I Do Once the Baby is Born? (How do I Cope?) will be included.

Any enquiries ring

Joanna Attwell Ph. 694-742 or

Linda McKay Ph. 600-402

A new support group for mothers and babies has started up in the Mt Eden/Balmoral Area. They meet weekly to share good food and companionship and are planning day outings when the weather is good. New people welcome.

Phone Joanna Attwell Ph. 694-742 or Philippa White Ph. 685-924.

birth experience we want.

PLANNED HOME BIRTH TRANSFERS TO HOSPITAL DURING LABOUR

The second part of Lynda's speech outlined the formation of MATERNITY ACTION and the success this umbrella group, which represents sixteen consumer organisations concerned with women's health issues, birth and parenting, has had in changing administrative policy to allow G.P.s to provide the kind of maternity care women want. One such issue of concern to all home birth mothers was that concerning the transfer of women who had planned to have a home birth, to hospital during labour as a result of unforeseen complications.

In May this year Maternity Action was advised that National Women's Hospital was altering its policy on the transfer of home birth 'patients'. It was to change from one where a woman had the freedom to choose to stay in the care of her own G.P. or the specialist of her choice, to one where she was compelled to have her case reviewed by the consultant-on-duty who would decide who would continue her care, the duty team or her own G.P.

M.A. was told that this policy change had been recommended by the Obstetric Standards Review Committee (OSRC). An appointment was made with the chairperson of this committee and it was pointed out that this new policy denied the woman's previously recognized right to be attended by the G.P. or specialist of her choice should the need to transfer to hospital arise.

Maternity Action on behalf of the AHBA obtained a legal opinion which stated that Section 106 of the Social Security Act (1964) and Section 61 of the Hospitals Act, make it clear that the right of a woman to choose her own medical practitioner in a maternity hospital is enshrined in statute and confers a corresponding duty upon the Hospital Board to respect it. The Board (and presumably its advisors on the OSRC) is not entitled to act unreasonably so as to nullify the "right to select".

As well as the question of the right of homebirth mothers to select the medical practitioner of her choice, M.A. voiced concern that women who transfer from a Level 0 hospital were also being compelled to come under the care of the obstetric team on duty.

As a result of action taken by Maternity Action the following changes have been implemented:-

1. When a woman who has been booked for a home delivery subsequently requires admission to a maternity hospital the responsibility for the medical care of such a woman remains with her G.P. until he or she refers the woman to a specialist.
2. That women intending to give birth at home also book at a Base Maternity Hospital to facilitate transfer procedure should this be necessary.
3. Women who transfer from a Level 0 Hospital during labour may continue under the care of her own G.P. or opt for a private specialist. Such women are not compelled to enter the care of the team on duty.

These examples suggest that the system can respond to consumer demands. There hasn't been much contact between consumer groups and G.P.s so far, but in view of the changes being sought, consumers and G.P.s need to start working together to make real choices in childbirth possible.



Professor D. Bryce-Smith of Reading University has found a correlation between raised levels of toxic chemicals in the placenta and diminished birth-weight and head circumference in 100 ostensibly normal births in Barnsley, Yorkshire. Raised cadmium and lead levels were associated with low birth-weight and a high ratio of copper to zinc tended to produce small and premature babies. (Midwives Chronicle & Nursing Notes, Jan. '86 - Reprinted AIMS Quarterly Journ. Spr. '86)

Prof. Smithel's work on Spina Bifida, supported by Action Research for the Crippled Child, showed that of over 1000 high risk women given vitamin supplementation the recurrence of spina bifida had been about one-fifth of that otherwise expected. After supplementation, all mothers with 3 previous affected children had had normal babies. The vitamin product used in the research was now on the government's 'black list' and the manufacturer might end production. (Midwives Chronicle & Nursing Notes, Jan '86 - Reprinted AIMS Quarterly Journ. Spr. '86)

If you are able to help in any small way with West Auckland activities, it would be very much appreciated.

Please ring Kim Ph. 391-720 (Work) or Ph. 812-795 (home)

Alec Ph. 686-111 (Work)

The next home birth education series will start in February, 1987.

SOUTH AUCKLAND SUPPORT GROUP

The main news from South Auckland is that they now have two midwives. They also have their own newsletter covering their activities.

Any enquiries to Lyn Doherty Ph. 276-2569 or Becky Farrell Ph. 266-8092.

NORTH SHORE SUPPORT GROUP

The November ante-natal classes were held in Takapuna and filled to capacity! Mary Wignall helped with the organisation as Gabrielle Harrop (who usually convenes the meetings with me) went into labour on October 31st, had her 2nd home birth and now has a little sister for Joseph. Congratulations Gabrielle and David. And thanks Mary - I couldn't have managed without your assistance.

Speakers during November included:-

- Domicillary midwife Joan Donley - Good Nutrition.
- D.M. Carolyn Young - How to Cope with a Normal Labour and Drug Free Delivery.
- Physiotherapist Helen Adeane - The Importance of Exercise.
- Doctor Philip Railton - The Doctors Role, Safety Aspects and Reasons for Transfer.
- La Leche League Leader and home birth mother Lesley Clements - The Importance of, and Preparation for Breastfeeding.
- Elizabeth Bell - 3rd time home birth mother, spoke about her birth experiences, mainly relating the birth of her 5th child, a little girl born at home on August, 12th.
- Barry Mein described his role as father and support person at the birth of his 1st child Haden, born on October 28th.

Our congratulations to Elizabeth and Gavin, and Suzette and Barry and thanks for your involvement in the ante-natal classes.

As with all voluntary organisations, we are always in need of more active involvement from members, so if you feel like putting some energy back into the Home Birth Association, supporting its needs and growth, it would be very much appreciated. I am grateful to Barbara Glass who has decided to regularly attend monthly committee meetings, to work for the continued existence of home birth as a birth option and for increased political and medical recognition. Amazing as it may seem, Barbara is the only person prepared to make this effort from the North Shore - so if you feel like it,

LOST PROPERTY????

Anyone who lost property at the Home Birth Seminar on November 2nd, please phone Marjet Pot 869-458.

NEWS FROM THE SUPPORT GROUPS:

NEW MOTHERS SUPPORT GROUP

Are you a mother with your youngest child under 2 and feeling that you'd like contact with other mothers in your area, some stimulating discussion, the chance to share you feelings and be listened to and the opportunity to use creche facilities, then New Mothers Support Groups may be what you are looking for. We offer neighbourhood-based discussion groups which cover such topics as pregnancy and birth experiences, myths of motherhood vs the realities, changes in you before and after the baby, changes in relationships with others, ourselves and the future etc.

New Mothers Support Groups also offer a 10 hour training in basic group skills for women who would like to set up groups in their area. This training is usually held over two days and a creche is provided.

For further information phone Heather on 437-169, Trish on 276-9181 or our office 788-672.

AUCKLAND CENTRAL POST NATAL GROUP

A group of mothers and children meet every 3rd Tuesday morning at various venues around central Auckland. We desperately need some new faces otherwise our group may disband. We have had some interesting speakers including Anne Heritage (La Leche League Leader), Carine Calder (Chiropractor), Jane Elizabeth (Psychologist) and Linda Lucy Heine (baby massage specialist).

Dates of next gathering:-

2nd December 10.30 am, 51 Huia Road, Pt Chevalier, phone 863-129

4th February - venue to be decided

25th February - venue to be decided

For further details closer to time please contact

Cushla Murphy ph. 867-954

Oni McKinstry ph. 395-135

Linda Walsh ph. 593-740

WEST AUCKLAND SUPPORT GROUP

It has been an extremely busy year for the few involved in organising homebirth education/support groups in West Auckland. We would welcome offers of help for the next year.

A meeting to plan and discuss activities for 1987 is to be held at Caroline Young's place at 36 Larnoch Road, Henderson, at 8 pm Monday 1st December.

AUCKLAND DOMICILIARY MIDWIVES

Joan Donley	3 Hendon Avenue, Mt Albert	Ph. 887-759
Veronika Muller	61 Western Road, Laingholm	Ph. 817-4880
Rhonda Jackson	48 Larchwood Avenue, Westmere	Ph. 788-459
Yvette Watson	Centrepont, Mills Lane, Albany	Ph. 415-9468
Sian Burgess	17 Malvern St., Mt Albert	Ph. 861-801
Carolyn Young	36 Larnock Rd., Henderson	Ph. 836-2770
Heather Waugh	6 Laxton Terrace, Newmarket	Ph. 540-424

and from April, 1987:-

Mary Hammonds,	46A Swainston Rd., St. Johns	Ph. 583-578
Jenny Woodley	Box 153, Clevedon	Ph. 292-8404

BIRTH NOTICES:

RHONDA JACKSON

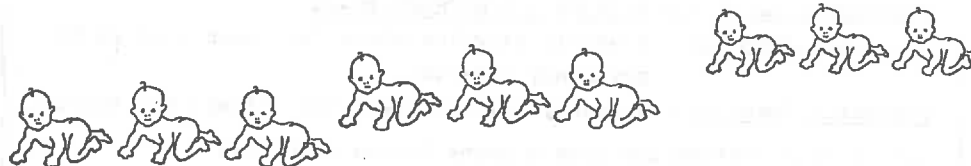
- 7. 8.86 Kalyana & Eduard BALZAR, girl, Alea Erika, 81b, 2nd homebirth
- 11. 8.86 Elizabeth & Gavin BELL, girl, Dieneke Rose, 3600gm, 4th homebirth
- 10. 8.86 Suzie & Len OAKES, girl, Sefhronia Ruth, 3520gm
- 7.10.86 Fran & Greg FLATT, boy, Asher Warwick, transfer to N.W.H. L.S.C.S.
- 27.10.86 Sharon & Gordon RICHARDS, boy, Michael John, 3740gm

RHONDA JACKSON & SIAN BURGESS

- 14. 9.86 Raewyn & Grant KENYON, girl, Angela Mary, 3350gm, 2nd homebirth
- 18.10.86 Gudrun SALMEN & Paul MARSHALL, girl, Sian, 4130gm

SIAN BURGESS

- 9. 8.86 Sally & Max PLATT, boy, Jonathon, 3200gm
- 19. 8.86 Fran & Andrew MITCHELL, boy, Timothy William, 3670gm, 2nd H.B.
- 18. 9.86 Maureen & Ashley HILL, boy, Conrad John, 4240gm
- 27. 9.86 Belinda & Paul CRAYFORD, girl, Bonnie, 3300gm
- 3.10.86 Dee & Paul GRIFFIN, boy, Jessie, 3280gm
- 21.10.86 Cathy & Aubrey THOMSON, Twin Boys, Keiha 3530gm & Tutuira 2700gm (Fully dilated at home - transferred to Middlemore L.S.C.S. after 4 hours of solid pushing - a valiant effort - well done Cathy)
- 22.10.86 Betty & Paul BOYATER, boy, 3920gm
- 29.10.86 Jeanita & Robin CRAW, girl, Lucrycia, 3290gm, 2nd H.B.



YVETTE WATSON

- 1. 3.86 Lisa Holder & Hyrum, girl, 3490gm
- 1. 3.86 Simone ROSS & Robert JAMES, girl, Chloe Ray, 3120gm
- 17. 9.86 Janet THOMAS, boy, Benjamin, 3895gm
- 15.10.86 Jackie & Nick DONNAN, boy, John, 3810gms
- 16.10.86 Betty & Barry SOUTHCATE, boy, Phillip, 4000gm

HEATHER WAUGH

- 22. 8.86 Karen & Roy NEUMEGAN, boy, James, 3650gm, 2nd H.B.
- 26. 8.86 Shareen MALONEY & Stephen JACOBS, girl, Elanor, 4050gm
- 3. 9.86 Margaret & Harry WATKINS, girl, Anja, 3900gm
- 3. 9.86 Pip & Humphrey IKIN, girl, Zoe, 4500gm
- 10. 9.86 Nicola LEGAT & Bruce MIDDLETON, boy, Alec, 3440gm, hospital transfer in labour, breech (for Sian)
- 12. 9.86 Sarah BARTLETT, boy, Andre, 3650gm (for Sian)
- 16. 9.86 Margie & Robert KYDD, boy, 4100 gm, 2nd H.B.
- 26. 9.86 Lucy TREEP & Graham BURGESS, girl, Bella, 3650gm
- 28. 9.86 Linda & David KUNNIBURGH, boy, Robert, 3450gm
- 18.10.86 Diane & John DOLAN, boy, Mathew, 3720gm
- 25.10.86 Natalie ADEANE & Warwick FREEMAN, girl, Surno, 4400gm
- 2.10.86 Luisa FALANTULE, girl, Malea, 3360gm, trans. hosp. N.B. Forceps (Many thanks to Sian & Rhonda)
- 25.10.86 Sally CASSWELL & Wayne LAIRD, boy, 3300gm, trans. to N.W.H.
- 28.10.86 Suzette EASTMOND & Barry MEIN, boy, Haydn, 3700gm
- 31.10.86 Norell Scott & Robert KEMP, girl, 3970gm, hosp. N.D. By Dom. Midwife

VERONIKA MULLER

- 20. 8.86 Sue MASON & Chris CAMERON, boy, Danna Paul, 4450gm
- 26. 8.86 Deanna & Phil PIELAK-JONES, boy, Brook, 3200gm
- 8. 9.86 Brigid & Hugh WILSON, girl, Genevieve, 3700gm
- 11. 9.86 Kirstin & Saul HOEKSEMA, boy, Benjamin, 3940gm
- 13. 9.86 Michelle WILMER & Grant PROVAN, Boy, Sam, 3900gm
- 16.10.86 Annette WATKINS & John HARDY, boy, Valentine, trans. to N.W.H. after long 1st stage N.D. babe to special care for 5 days
- 17.10.86 Christine & Jeff BRAID, girl, Jemma, 3540gm
- 29.10.86 Mary & John HAMILTON, boy, 4040gm, N.D. at home but babe trans. to special care.

EXERCISE CLASSES FOR MOTHERS AND MOTHERS-TO-BE

Antenatal Exercise - A weekly exercise class for women from early pregnancy onwards.

Postnatal Exercise - A weekly daytime class for mothers and babies.

For further information please phone Brenda - 767 614

BIRTHS

JOAN DONLEY

- 18.8.86 Marilyn & David WONG, boy, 3030G, Daniel. Third home birth.
- 19.8.86 Janelle GRADY & David MURRAY, boy 3800 G, Fergus Stewart
- 19.8.86 Brenda HINTON & John WATSON, girl, 3350 G, Madelin Sylvie
- 30.8.86 Alison & Gary SIMS, boy 3850 G, Jamie Reuben, Third home birth.
- 1.9.86 Melanie & Hugh JOHNSON, boy, 3910 G, Tobias Griffith, Second home birth
- 6.9.86 Ruth & Matthew NICHOLSON, boy, 3620 G, Redmond. Transfer in first stage, breech (M/More) N.D. early disch
- 12.9.86 Carmen McRAE & Chris ELLIOTT, girl, 2580 G, Flora Pearl Second home birth
- 12.9.86 Letitia & Iki TAIHIA, boy, Adam, 3150 G. Second home birth.
- 15.9.86 Linley SCOTT & Michael WILLIAMS, boy 3450 G, Emlyn David Second home birth
- 23.9.86 Margot TROCCHI & Martin CLARK, girl 3630 G, Lily Grace Joan Third home birth
- 29.9.86 Denise CAMERON & Martin Salva, girl, 3070 G, Marcela, Second home birth
- 12.10.86 Sarah PENMAN & Richard McARLEY, boy, 4080 G, Peter, Second home birth
- 17.10.86 Yvonne & Alfred PRETTY, girl, 3030 G, Katrina Joan, Second home birth
- 18.10.86 Glenda & Tom BAINBRIDGE, boy Gerard Luke, 3660 G, Postnatal transfer
- 31.10.86 Gabrielle MAHER & David HARROP, girl, 3260 G, Elizabeth (Bessie) Kathleen Ellen. Second home birth
- 31.10.86 Bridget & Michael DANSEY, girl 3630 G, Georgina
- 5.11.86 Charlene & David GRUBB, boy, 2650 G, Adam John
- 9.11.86 Ann SMART & Michael HAMILTON, boy, 3320 G.

Early Discharge

- 30.8.86 Glenys & Dean ROBERTS, boy 3420 G (St Helens)
- 15.9.86 Di FRANCIS & Ranga GODINOVICH, boy 3420 G, Jehu.

CAROLYN YOUNG

- 7. 8.86 Julia & Rodger MUNN, girl, 61b 14oz, 2nd H.B.
- 8. 8.86 Dianne & Brent Cederman, boy, Mathew, 81bs
- 10. 8.86 Sally & David BOWDEN, girl, Jessica, 71b 14ozs
- 6. 9.86 Eileen & Patrick HOOD, boy, Alistair, 61bs 4ozs
- 24. 9.86 Val & Bernard GILBERT, girl, Madeline, 71bs 2oz, 2nd H.B.
- 27. 9.86 Helen & Michael JAMES, girl, 91bs 15ozs
- 30. 9.86 Claire & Graham MINHEMICK, girl, Alice, 81bs 3oz, 3rd H.B.
- 1.10.86 Pam & Rob IMESON, girl, Jessica, 81bs 11ozs
- 15.10.86 Kris & Ashley PRICE, girl, Jessica, 61bs 14ozs
- 23.10.86 Lyn & Ralph POPE, girl, 61bs 2oz, 2nd H.B.
- 28.10.86 Karen & Neil COMPTON, boy, Alex, 71bs 5ozs