

Hui Kāinga Whānautanga O Aotearoa  
 12-14 May 1989 National Home Birth Conference

12-14 Mei 1989

DOMICILIARY MIDWIVES - TIMETABLE

THURSDAY 11 MAY, TAITE 11 MEI

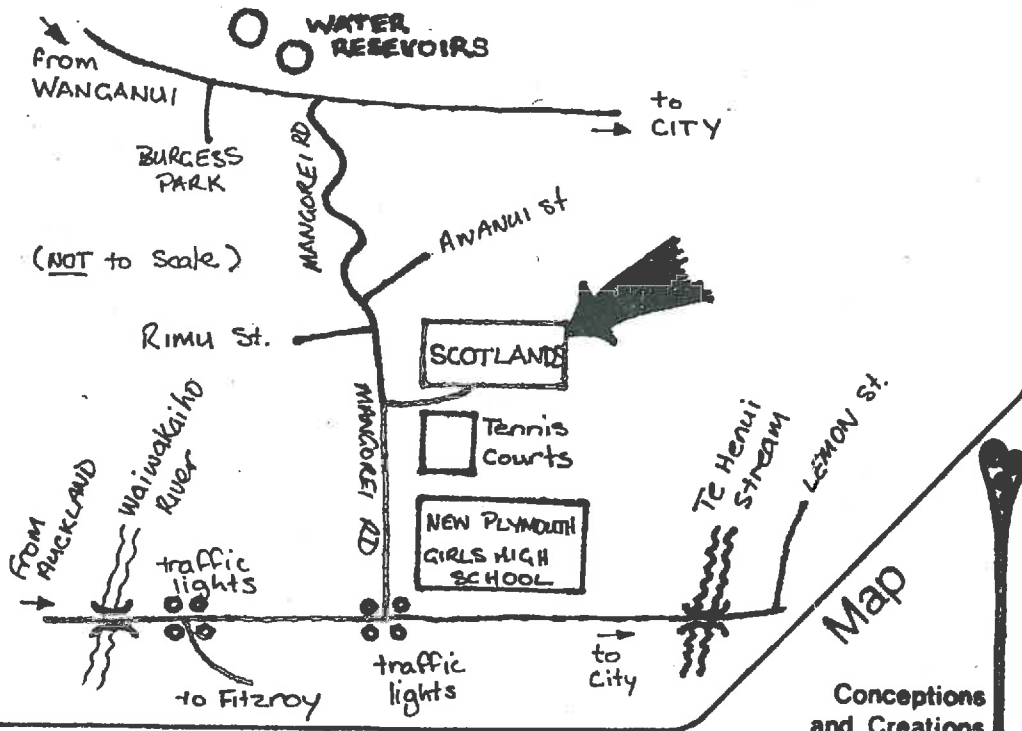
Domiciliary midwives arrive,  
 billeted for the night

FRIDAY 12 MAY, PARAIRE 12 MEI

9.00 - 4.00 Conference Room, Community House.  
 Domiciliary midwives meeting

There will be a meeting on Friday, 12 May from 9am - 4pm for domiciliary midwives only. The venue is Community House, 32 Leach St (next to YMCA), New Plymouth. We can arrange billets for Thursday night, then accommodation will be at Scotlands, New Plymouth Girls' High School. Please let us know as soon as possible, so arrangements can be made for you. A koha would be appreciated to cover costs.

JUST IN CASE YOU GET LOST !!



20001-9-006

Conceptions and Creations  
 TE AITANGA ME TE PUTANGA  
 Ā TANGATA, Ā HINENGARO

Hui Kāinga  
 Whānautanga  
 O Aotearoa  
 12-14 MEI 1989

National  
 Home Birth  
 Conference  
 12-14 MAY 1989



SCOTLANDS, NEW PLYMOUTH  
 GIRLS' HIGH SCHOOL

## WORKSHOP INFORMATION

We have tried to organise the workshops around dominant themes as far as is possible with such a diverse selection.

The workshops presented in Group A are centred on the process of birth and preparation for the event. In Group B, the workshops concentrate on coping with the effects on the family, when things do not happen as planned.

The parenting continuum is explored in Group C. Group D deals with the more technical aspects surrounding choices concerned with childbirth and health.

Group E is the Maori Perspectives workshop which will cover Maori Medicine, Birth, the Woman and Health, Bi-cultural communication and Informed Consent. Those wishing to attend this workshop will be formally invited at the Welcome.

Maori Perspectives will cover: Roonga, Whanautanga, Nga mauiui e pa ana Ki nga Wahine Maori, E pa mai ana Kia tatou te Iwi Maori me te Iwi Pakeha. Koutou nga mea e haere mai ana ki tenei hui. Haere mai, Nau mai, Haere mai.

### PERIPHERAL WORKSHOPS/FOLLOW UP GROUPS

There are also peripheral workshops available from 5.30 - 6.15pm on Saturday, 13 May. Please indicate on the form which peripheral workshop you would like to attend. These will only be run if there are sufficient numbers.

- a) Family Remedies
- b) Herbal Lore
- c) Astrology
- d) Naturopathy
- e) Food Intolerance - Support & Help
- f) Creativity during Pregnancy
- g) Natural Family Planning
- h) Relaxation and Stress Release
- i) Other - if there is another topic you would like to see in our programme, please let us know and we shall see if it can be arranged.

This time may also be used for follow up groups from the main workshop sessions.

10.30

For further information please contact:

Jasmin Hales,  
3 Wrantage St,  
New Plymouth.  
(067) 35-343

Margaret Hales,  
23 Dorset Ave,  
New Plymouth  
(067) 86-539

# Hui Kāinga Whānautanga O Aotearoa 12-14 Mei 1989

## National Home Birth Conference

12-14 May 1989

### FRIDAY 12 MAY, PARAIRE 12 MEI

3.00pm onwards Registration  
 6.00 Dinner  
 7.15 Association Meeting  
 i) Branch Roundup ii) Other Business  
 9.15 - 9.30 Supper  
 9.30 - 10.00 Video - Pauline Scott  
 10.00 Relaxation

### SATURDAY 13 MAY, RAHOROI 13 MEI

7.00 - 7.30am Yoga/Exercises  
 7.30 - 8.15 Breakfast  
 8.20 Childcare commences  
 8.30 - 8.50 Welcome  
 8.50 - 9.50 Te Roopu o Tokanui - presentation  
 9.50 - 10.30 Margi Martin - Conceptions and Creations  
 10.30 - 11.00 Morning Tea  
 11.00 - 12.30pm WORKSHOP 1 *Grief - part of life's journey.*  
 12.30 - 1.30 Lunch  
 1.30 - 3.00 WORKSHOP 2 *Alternative pain relief.*  
 3.00 - 3.30 Afternoon Tea  
 3.30 - 5.00 WORKSHOP 3 *Support in labour.*  
 5.30 - 6.15 Peripheral Workshops/follow up groups  
 6.30 - 8.15 Dinner  
 8.15 - 8.45 Traditional Birth of Aotearoa  
 8.45 - 9.45 A History of Traditional  
 Childbirth - Pauline Scott  
 Birthing in Papua New Guinea  
 9.45 - 10.00 Supper  
 10.15 Relaxation session

### SUNDAY 14 MAY, RATAPU 14 MEI

7.00 - 7.30am Exercises/Yoga  
 7.30 - 8.30 Breakfast  
 8.20 Childcare commences  
 8.30 - 10.15 Midwifery/Homebirth Issues  
 10.15 - 10.45 Morning Tea  
 10.45 - 12.15pm Homebirth Issues  
 12.15 - 1.15 Lunch  
 1.15 - 2.45 Evaluation  
 2.45 - 3.00 Farewell  
 3.00 - 3.30 Afternoon Tea  
 4.00 Local Visits

Timetable

Conceptions  
and Creations

### REGISTRATIONS

Registration covers all sessions, childcare, morning tea, afternoon tea and supper.  
 Full Registration (Friday night, Saturday, Sunday) is \$40.00, Saturday only - \$35.00, Sunday only - \$15.00.

Registrations commence at 3.00pm Friday 12 May, 1989.  
 Saturday Registration 8.00am onwards Saturday 13 May.  
 Sunday Registration 8.00am onwards Sunday 14 May.  
 At Scotlands, New Plymouth Girls' High School,  
 Mangorei Rd, New Plymouth.

### MEAL TICKETS

A system of meal tickets will operate. They will be ready for you in your conference folder. For day attenders, they will be available at the Registration desk. There will be no charge for a 'toddler in arms' sharing from mother's plate.

	Adult	Under 10
Friday dinner	\$15.00	\$7.50
Sat. breakfast	\$6.00	\$3.00
Sat. lunch	\$10.00	\$5.00
Sat. dinner	\$15.00	\$7.50
Sun. breakfast	\$6.00	\$3.00
Sun. lunch	\$10.00	\$5.00

### CHILDCARE

Quality childcare will be provided for all ages.  
 Childcare commences at 8.20am Saturday 13 May and Sunday 14 May. Please indicate on your form.

### ACCOMMODATION

Scotlands, New Plymouth Girls' High School, four star motel quality, has accommodation for 120 people. This is divided into five-person units, each with its own bathroom and tea and coffee making facilities. Blankets are provided but please supply your own linen and towel.

Cost is \$20 per person per night. Children sleeping on the floor no charge but please bring own bedding as there are no spare mattresses. Please indicate on the form if you intend having children on the floor as we need to know for unit allocation. Cot hire is \$5.00

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Information

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WORKSHOP OPTIONS

1	Spaced out Birth - environmental factors Pauline Scott	Grief - part of life's journey Marilyn Peterson	Super-mum again & stress factors Ruth Schell	Independent Research on Non - Immunisation Hilary Butler	Maori Perspectives (see page opposite)
	LUNCH				
	2	Alternative pain-relief in birth Joan Donley	Making peace dealing with bad birth experiences Ruth Schell	Talent Education Janet Schumacher	Self-esteem and Standing your ground Jenny Johnson
AFTERNOON TEA					
3	Support in Labour Margi Martin Kath Hohaia	Waterbirth Kamayani	I'm 3, What's next? Parenting Continuum Panel	Area Health Boards	Maori Perspectives (continued)
	B				C
A				E	

Workshops

Conceptions and Creations

Hui Kāinga Whānautanga O Aotearoa 12-14 Mei 1989  
National Home Birth Conference

Tena Koutou, Tena Koutou, Tena Koutou,  
E huihui mai nei, ki raro ite maunga o Taranaki.  
Nau mai Haere mai.

Greetings to all attending the first bi-cultural conference of the Home Birth Associations of New Zealand, 1989.

You will be welcomed by Nga Puna o Te Ora at 8.15 on Saturday morning, followed by the Healing Presentation of Te Roopu o Tokanui. Then Margi Martin will introduce the theme of the conference - "Conceptions and Creations".

After morning tea, the Maori Perspectives workshop, separately co-ordinated by Janice Wenn, will continue throughout the day. Concurrently a wide variety of highly stimulating and exciting workshops will run. These will be divided into three main sessions. You will find the details of these on page 4.

Friday evening and Sunday will be directly centered on Homebirth and Midwifery Issues.

The quality of speakers and the depth of insight into their specific areas of knowledge has meant that considerable outside interest has already been shown in the conference, SO...

Book early, Come early, Give yourself time to talk, to walk by the river and to get ready for a full and stimulating weekend.

The venue is the new Scotlands, New Plymouth Girls' High School, Mangorei Rd, New Plymouth.

Welcome

Conceptions and Creations