

20073-21-080

P.O. Box 7063

Dear Barbara,

Tikipunga - WHANGAREI

Hello, and how are things with you? Really glad to see a service like this is happening - many thanks.

My wife and I are expecting our second babe around the 12th July and as yet have not been able to find a midwife or suitable doctor to have as back-up or assist assist at the birthing.

We thought that maybe you would know of somebody in our area who is well qualified and may be able to help us. The birthing will take place at my wife's house which is at Oromahoe, between Kawakawa and Kerikeri - good permitting. They have electricity - hot water - reliable transport (3 cars, 1 truck) and telephone. The house is approx. 15 miles from the Kawakawa hospital if we have to go in. Vicki (my wife) is very healthy at the moment and gets a well balanced diet (vegetarian. exceptions, fish eggs) supplemented with iron, alfalfa, vit. C. tablet. We both are looking forward eagerly to the birthing, but this time would like the reassurance of competent medical assistance if need be. Our first child, Rari Sky was born at home at Rangiputa, north of Kaitiaki, with no assistance. The only 'complication' was that the

amniotic sac did not burst, releasing fluid to start delivery, and Vicki pushed both it and babe out together, which I gently teared with my fingers. We were well equipped with cord ties, sterilized blade, cotton wool buds, syringe for removing mucus, nappies, hot water, sanitary pads etc. etc. Vicki lost a little blood (due we think to her slight anaemia) and we travelled the 25 miles to Kaitiaki after two days rest for a check-up. Everything was okay - thanks to god once again. ^{Rani born} 9/6 2023.

One other thing - while travelling in our house-truck earlier this year, Vicki lost a little blood (third month) and continued to lose a little dark ~~coloured~~ coloured blood for 2 weeks after-wards. We went to several doctors in Coromandel (one of which is studying Steiner) and a sound scan and a week's rest in Waikato Hospital finally assured us nothing was wrong and it wasn't a previa placenta. So, - ! knowing all this is there anything you could help us with concerning midwifery or doctors in our area. Any ~~advice~~ ^{advice} or help would be most appreciated. The best of luck and encouragement with what you're doing. God bless

Bob and Vicki McLaren.

P.S. Have read - Le Boyer? Spiritual Midwifery - Ina May Gaskin, Catherine Millnaire Natural Childbirth and talked with doctors and one midwife.