

20073 - 2132 - 012

## **THAMES VALLEY HOMEBIRTH ASSOCIATION**

### **REGIONAL WEEKEND WORKSHOP**

#### **REGISTRATION FORM**

Due to the financial state of the HBA in our areas, we have had to compromise and turn this into a 2 day workshop rather than include Friday night as phoned. This will bring down the cost somewhat and hopefully encourage more people to participate for the whole 2 days, rather than just come for one. The atmosphere that comes from the evening's informal discussions, socialising and "togetherness" is one of the most rewarding parts of a workshop.

We also apologise for any inconvenience caused to anybody by the change to the date of this workshop. We have all had "measled" children and it just wasn't going to come together on time. Hopefully, we don't clash with anything else for you.

**WHERE:** - Te Haeata, Hauraki Education Centre (Nurses Home), Mary Street, Thames

**WHEN:** - 7th and 8th December 1991

**FACILITIES:**

- Separate single bed accommodation (with room for child)
- Shared bathroom and lounges
- Meals in nurses home dining room
- Lovely creche in daycare centre on hospital grounds
- Workshop held in large 3/4 room education centre in same buildings as accommodation
- 2 minutes walk to Main Street, Goldfields Shopping Centre, Park and Womens Centre

**PROGRAMME:**

**SATURDAY**

8.30am Registrations  
9.00am Workshop  
10.30am MORNING TEA  
11.00am Panel discussions (\*1)  
12.30pm LUNCH  
1.30pm Sharing time (\*2)  
3.00pm AFTERNOON TEA  
3.30pm Workshop  
5.00pm FINISH  
6.00pm BBQ and HOT SWIM

**SUNDAY**

8.00am BREAKFAST  
9.00am Sharing time (\*3)  
10.30am MORNING TEA  
11.00am Workshop  
12.30pm LUNCH  
1.30pm Workshop  
3.00pm FINISH

- \*1 The speakers for the panel discussion will be:
  - MICHELLE FILL - ex AHB member & Womens Health Activist
  - MAGGIE BANKS - Domiciliary Midwife
  - JENNY JOHNSTON - Midwifery Advisor to WAHB & ex Domiciliary Midwife
  - Facilitated by GAY TYE - Thames Valley HBA
  
- \*2 This time has been put aside for several purposes.
  - Homebirth Practitioners can meet and share/network in private.
  - Homebirth Association members can meet and share/network.
  - Consumers and other interested parties can have time to informally meet and socialise.
  
- \*3 Both HB practitioners and members can meet and spend time together discussing issues of importance and concern.

**WORKSHOPS:**

SATURDAY MORNING	SATURDAY AFTERNOON	SUNDAY MORNING	SUNDAY AFTERNOON
Immunisation	Alternatives in post natal care & breastfeeding. Lisa Stent - HB parent	Sexuality Sandy Cottman	Overcoming bad birth experiences
Working with your unborn baby for a positive birth.	Wholistic health and Homeopathy.	"Touching Mother Earth" (double session) .....	"Touching Mother Earth"
Jean Sutton - Midwife	Moirra Lilburn - Naturopath	Yvonne Tingle	
Practicalities of having a homebirth & role of siblings.	Birth Imprinting	Preparing for birthing. "Active Birth"	Direct Entry Midwifery & student midwives.
Christine Rushton - Consumer & GP		Pauline Scott - Childbirth Educator	Robyn Bryant - Domiciliary Midwife
Men's workshop (double session) .....	Men's workshop	Factors affecting the birth outcome.	"Eroticism of Breasts"
Facilitated by 2 HB fathers		Maggie Banks - domiciliary midwife	Gay Tye & Meg Bacchus - HB consumers

Please indicate which options you are picking up and send registration form back *PROMPTLY* with deposit of \$20-00. Day registrations are available on the Saturday but meals and creche must be pre-booked.

- Day registration - Sat/Sun \$25-00 )  
 ) inc morn/aft tea
- Weekend registration \$30-00 )
- Saturday night BBQ & swim \$20-00 (approx)
- Saturday night accommodation \$25-00
- Saturday lunch \$ 5-00 )  
 )
- Saturday dinner (if not BBQing) \$ 6-00 ) toddlers can eat  
 ) from parents plate
- Sunday breakfast \$ 3-00 ) free  
 )
- Sunday lunch \$ 5-00 )
- Creche (one day only) \$ 3-00
- Creche (weekend) \$ 5-00
- WORKSHOPS: (Please indicate first and second choices)

1 2 3 4

Saturday morning				
Saturday afternoon				
Sunday morning				
Sunday afternoon				

\*\*\*\*\*THE LAST DAY FOR REGISTRATIONS IS 15 NOVEMBER\*\*\*\*\*