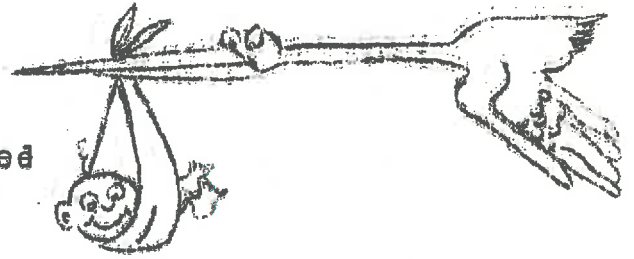


20073-22-074

WEST AUCKLAND HOME BIRTH
SUPPORT GROUP WORKSHOP



All expectant parents, their support persons, nurses, Doctors, and interested persons are invited to attend the West Auckland Home Births Support Group's Workshop.

- DATE:- 16th August 1980
- PLACE:- New Lynn Baptist Church Cr. Wattle and Rima Streets.
- TIME:- 9.00 a.m. - 4.00 pm.
- PROVIDED: - Tea, Herb Tea, Coffee. Nutritious morning and afternoon tea.
- LUNCH:- Please bring a packed lunch, and suitable drinks for your toddlers. We will have for sale at lunch time hot home-made soup and wholemeal bread at a cost of 50 cents.
- BABIES and TODDLERS:- Babies are welcome. There will be a comfortable area for sleeping babies, and they will be supervised. There is also a play area for toddlers. Older children may be happier left at home with Grandma or a close friend. Parents are responsible for their little ones at all times.
- REGISTRATION:- \$2.00 per person : ALL PROFITS FROM THIS WORKSHOP WILL GO TO THE PURCHASE OF BOOKS TO START A LIBRARY FOR THE WEST AUCKLAND SUPPORT GROUP.

DISPLAYS AND ITEMS FOR SALE :-

We hope to have disposable nappies for sale
Books from Sunburst Books.
Video-Tape of a home birth.
displays on diet drugs and their effect on pregnancy, birth and breast feeding.

REGISTRATION FORM:

16th August 1980

Please return this form by the 612th August to:

Workshop Registrations:

Robyn Barnaby
2 Tanekaha Road,
Titirangi.

Names.....

Address.....

Will you have a baby with you? Yes/No Name

Enclosed is my registration fee of \$2.00 per person.

.....
(signature).

PROGRAMME.

- 9.00 Registration and morning tea.
- 9.30 Politics of Childbirth : Joan Donely, Domiciliary Midwife.
- 10.15 The safety of Home Deliveries: John Hilton, Doctor.
- 11.15 Discussion Groups led by Midwives
These . . . discussion groups are meant to give you an opportunity to discuss your feelings on home delivery.
- 12.15 LUNCH
- 1.30 Pre Natal Nutrition : The part nutrition plays in having a healthy baby and a good delivery.

2.30 Concurrent sessions:

- | | |
|--|---|
| Methods of Childbirth | Linda Wilson Lamaze Instructor Siran White Mid-wife |
| Breastfeeding | Karen Millikin La Leche League Leader Caroline Young Mid-wife. |
| Sex during pregnancy and contraception: | Sue Neal |
| Parent Centre: What Parent Centre has to offer the expectant Parents. | Pauline McCowan and Linda Brett. |
| A Fathers Feelings on Home Delivery | Geoff Bridgeman |
| Pre Natal and Post Natal Massage: | Marino Brook. |

3.30 Afternoon Tea

