

NEW ZEALAND COLLEGE OF MIDWIVES WELLINGTON REGION - AUGUST NEWSLETTER

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Sandra's Snippets

Thanks to the Paraparaumu Midwives for organising our College meeting. Thirteen midwives from the Wellington Region attended.

The meeting with Karen and Sally on Friday 9th August was poorly attended. (Six midwives) They were here for a Mana Parents Centre meeting. A large proportion of the National Newsletter discusses Section 51 and negotiations, so I will refer you there.

For those of you who have been hibernating over the last week the MATPRO contract was signed on Friday 9th August, giving practitioners in the Wellington Region who are party to this agreement an option away from S 51.

The Wintergreen workshop was very good and apparently pelvis's are being discovered all over Wellington.

Family Planning Issues.

The NZFPA are putting on a one day workshop for midwives.

DATE 5TH October

VENUE: 35 Victoria Street
WELLINGTON

COST: Approx. \$120.

Anyone interested please contact Sandra.

Items for Sale

Jean O'Neil has the following items available

Prescription Pads \$ 6.25 Standards for Practice \$ 5.60
Breastfeeding Books \$ 20
Consensus Statements Will be available for \$4.00 at the Conference

THANK YOU: To all the delivery suite staff at Hutt Valley Health who so patiently and diligently folded, stamped and sorted the newsletters. Your work has not gone unnoticed.

At the Paraparaumu meeting a six minute video on infant resuscitation was shown and this has been described as very informative. If anyone is interested in obtaining this video then get in touch with the
Cot Death Association
P.O Box 28177
Auckland . They cost approximately \$30

Remit to AGM

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Briefly Having just read the National newsletter I am left wondering if I was at the same ICM conference. Some of the so called 'dead end' speakers actually presented valid and worthwhile talks. It must be remember that at a conference of this size not all speakers will please all participants. Often I had great difficulty deciding which speakers to go to as the choice was immense. Nine concurrent sessions is a lot, however this also shows how many midwives are researching and speaking at conferences. Good on them. It would have been more frustrating if there was a lack of speakers and we had plenty of time on our hands to sightsee. Instead sightseeing was at the expense of interesting and often innovative speeches. Finally, when people make comments like " A number of speakers failed to provide copies of their presentations. We suggested that in such case they should not be on the programme." I get quite annoyed. Firstly I would like to clarify that **none** of the Wellington midwives made these childish comments Secondly I suggest the writer look in her book of proceedings as she will find one of her colleagues who spoke at the conference missing from that.

Why did people forget to send there abstract or presentation? As a caring profession one may ask what else was going on in their lives at that time? Yes it would be interesting to have all the abstracts buy get real, who in their right mind is going to turn away a keynote speaker or any speaker just because they forgot to send there speach to the printers.

Finally, having paid almost \$10,000 to go to Oslo, I would like to state that the beds were very comfortable as was the floor.!, Breakfast was far more that herrings, fresh fruit, sausages the works in fact. We actually were informed that it was more expensive that it actually was (when you are expecting to pay \$25 for a beer, \$10 is like sale time), just when you thought that dinner was going to cost a fortune a rep at the conference paid for you and the New Zealand dollar exchange rate was very favourable making things even cheaper.

So we would like to thank everyone who contributed to our costs, We can assure you that we had a great time and learnt lots. Our flights were great both to and from Oslo, even if we looked dreadful arriving in Wellington during the worst southerly of the year, we wouldn't have missed the experience for anything, and we've all started saving for the next conference.

What really needs to be said is that these are my opinions. The comments in the National newsletter are the writers opinions. As usual constructive criticism is always welcomed, by me at least.

P.S. Wintersperen will be back 28/29 - 9.

Anyone interested contact Sandra.

Wintersperen is prepared to do another workshop after his first success.



New Zealand
College of Midwives
WELLINGTON REGION

PO Box 9600
Wellington

MIDWIFERY STANDARDS REVIEW

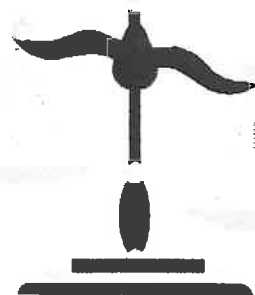
15 Campbell Tce
Petone
Ph \ Fax 568-8491
10/07/96



MIDWIVES WE NEED YOU

COME HELP BALANCE THE SCALES

**WE NEED CHE BASED MIDWIVES
ON THE MIDWIFERY STANDARDS
REVIEW PANELS**



If interested, phone Rae (Midwifery Standards Review Co-ordinator) on ☎ 568-8491

MIDWIFERY STANDARDS REVIEW

PANEL DEBRIEFING AND EVALUATION SESSION

WHEN: 26 September 1996 (note this is a change of date from 20 August as this conflicts with the COM conference)

TIME: 7.45 pm

VENUE: Rae's, 15 Campbell Tce

Turn off Petone Esplanade at Victoria St (opp jetty) next to Valentines Restaurant and go across Jackson St. This will bring you to Campbell Tce (parallel to Jackson St). Turn right and we are next to the big Samoan AoG church. High grey fence. Number is next to front gate. Good luck! I've been told lately we're hard to find!

ITEMS FOR DISCUSSION Feedback on how it was doing your reviews

What went well

What could be better

How was it if you did not have the proper A3 stats sheets?

Using the minuting reporting tool during the review

Debriefing and writing the report afterward

What do you need to help you feel manage the process better?

RSVP: Not required

BUT

if you are unable to come please ring me up with your feedback to feed into the rest of the group.

A big THANK-YOU to all those who have done a review so far!!!

PLEASE NOTE:

A Training day is planned. Book this into your diary now!!!

When: 3rd of November 1996.

Time: 2.00 - 5.00 pm

Venue: Te Awakairangi Community Centre (cnr Laings Rd behind and opp Dowse Art Museum)

An info day for midwives is also planned for Sunday the 29th Sep 1996 at Te Awakairangi, 1.00 - 3.00.

This is for midwives to learn about the review tool and how the process operates.

Important: Update from the Midwifery Standards Review Co-ordinator

Consumer Evaluation Forms

If you are using the old College Consumer Feedback form there are some changes that need to be made to update it. These are described below.

On the College form you need to:

- ❖ delete the statement "This questionnaire will be returned to your midwife unless you tick NO". or delete the latter part so that it states "This questionnaire will be returned to your midwife" (after collation)
- ❖ Please note that Beryl's details for the complaints process require updating
Please phone Beryl Davies on ☎ 383-7403 or ☎ 801-2794 x 8755 (wk)

Return address.

Don't forget that you need to put your return address on the back of the envelope which you post to clients. It will help them to know who it comes from and the Post Office like it too!

Copies available.

I have copies of the College consumer feedback form (with the updates added) if you require a copy.

Evaluation Forms for The Midwifery Standards Review Panels.

These are as important to us as your client forms are to you so please return them We will take the feedback very seriously. On behalf of the committee I sincerely hope that you find the process of review constructively useful for you, both personally and professionally.

Consumer Evaluation Form Reports

Apologies to all those who have been reviewed so far. We have experienced quite a bit of difficulty with clearing the Post Box and this has caused a major back-log with your consumer feedback forms. Jo Blackett will contact you to discuss revising your consumer feedback form report. I think we now have this under control!!

Simplified Consumer Feedback Forms

Enclosed in your newsletter is a copy of a simplified consumer feedback form to use for clients with poor literacy or English as a second language. Please ensure you enclose a stamped, addressed (to the questionnaire co-ord) envelope for the consumer to return it in.

Review Panels

We need more midwives on the review panels for 1997. A training day will be held on the 3rd November. The review process will not function without midwives willing to act as reviewers. Please consider it and give me a ring.

Pamphlet about the review process

I have produced a pamphlet about the review process which I hope gives the information in an easy to read format. I hope you find it of interest.

1997 Reviews

I have sent a letter to all independent midwives asking them to respond "YES" or "NO" as to whether they would like a review date. If you have not rung me could you please do so. Thank-you.

Information Day For all Midwives being reviewed.

An information day for midwives anticipating a 1997 review will be held in September.

Date: Sunday 29th Sep.
Time: 1.00 pm - 2.00 pm
Venue: Te Awakairangi Community Centre
(cnr Laings Rd - behind the Dowse Art Museum, Lower Hutt)

Some Ideas to help you get started - if you are being reviewed

Statistics

Write your statistics down on the A3 form(once you have it) for the births and care you provide as you go. This makes it easier than doing it all in one go. It might be handy to keep it with your birth register. You will need to backdate to the beginning of this year (1996) for your statistics.

College of Midwives Consumer Feedback forms.

It is recommended that you post these out to your clients between 6 weeks and 3 months post partum. It would be good to back-date these also to those clients you have worked with since the beginning of 1996, as it is more valid statistically speaking if you have the greatest number of clients returning the forms as possible.

Enquiries

Do not hesitate to ring me on 568-8491 (answerphone) for Midwifery Administrative Services and Midwifery Standards Review enquiries.

The Process

Process

The following table describes the review process

Step	Function
Midwife sends out feedback forms	Consumer feedback forms are sent out between 6 weeks and 3 months post-natally with an addressed, stamped envelope (to the Questionnaire Co-ord, PO Box 9600, Wgtn) for consumers to return the completed form.
Complete review tool	The midwife completes the Review Tool based on the previous years statistics and practice and returns this to the co-ordinator
Co-ordinator distributes forms	The review co-ordinator photocopies the document and sends it out to the review panel members.
Panel planning meeting	The review panel read the documents, meet together to discuss their ideas
Carry out review	The panel meet and have a discussion with the midwife
Review documented	The co-ordinator then completes a report and other documentation and returns this to the midwife.

Right of veto

The midwife has the right to veto any panel member after discussion with the co-ordinator

Evaluation

The midwife is encourage to return the evaluation form to the co-ordinator.

This assists the process to be modified and improved.

For details or further information contact :

Rachel Clarke
Midwifery Standards Review
Co-ordinator
New Zealand College of Midwives
Wellington Region
c/- 15 Campbell Tce
Peone



568-8491



New Zealand College of Midwives

Midwifery Standards Review

Wellington Region

Background to review process

Purpose of review

Elements of the review

What is the review?	The review is a meeting between the midwife who is being reviewed and the review panel to discuss the midwife's practice of the previous year.	Purpose of the review	The purpose of the review is to provide a quality assurance process for midwives giving an opportunity for the midwife to <ul style="list-style-type: none">• reflect on her practice,• evaluate her performance• identify areas requiring development	The review tool	The review tool consists of three documents: <ol style="list-style-type: none">1) a statistics collecting form (A3)2) a questionnaire form based in the Standards of Practice which elicits information about your practice from you3) a collation of the consumer feedback forms
Origin of the review	The review process originated from that established by the Home Birth Associations for Domiciliary midwives to ensure their practice was 'safe'. With the passing of the Nurses Amendment Act in 1990 this process has evolved to the review process for the Independent Midwife which we know today	Aim of the review process	The aim is to provide a supportive and educative environment in which the above can occur.	The review panel	The review panel comprises two midwives and two consumers from a cross section of providers and consumers The aim is to have at least one midwife and one consumer from the same area in which the midwife works.
NZCOM endorsed	The review process is a national mechanism which aims to ensure that practitioners uphold the NZCOM Standards of Practice.			Consumer feedback forms	Consumer feedback forms are an integral part of the Review process which facilitate feedback anonymously from consumers
History of the review in Wellington	Reviews for Independent Midwives were established in Wellington in 1992 with a slowly growing number of independent midwives participating.				This information is collated prior to the review for positive feedback and discussion.



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MIDWIFERY STANDARDS REVIEW

Year of your babies birth _____

Congratulations on the recent birth of your baby!

The College of Midwives would like you to fill in this form so that your midwife can be given feedback about what you thought about the care you received. This helps the midwife to change the care she provides if needed.

- You may wish to ask some-one to help you fill out this form.
- You do not need to sign the form, so the midwife will not know who has sent it in
- Please post the form in the addressed envelope provided when you have filled it out.
- This form will be returned to your midwife after it has been collated.
- If you have any other questions or concerns then please phone the Co-ordinator on 568-8491

Name of the midwife who provided your care? _____

Were you happy with the care you received from this midwife? Yes \ No

Were you able to contact your midwife when you needed to? Yes \ No

Did you have any other midwives or carers? If you did please tell us who they were.

- before your baby was born _____
- during the birth of your baby _____
- at home after the birth of your baby _____

*There is a complaints process available.
Phone Beryl Davies on ☎ 383-7403 (home) or ☎ 801-2794 x 8755 (work)*

Please answer the following questions and comment further in the space provided:

Did you feel well prepared for the birth? Yes \ No

Were you happy with the visits before the birth? Yes \ No

Did you feel supported during the birth? Yes \ No

Did you have enough visits at home after the birth? Yes / No

What did you like the most about the care you got from your midwife?

What would you like your midwife to have done differently?

Please write any other comments you would like to make.

LOWER HUTT HOME BIRTH SUPPORT NETWORK



This group meets fortnightly in peoples homes, alternate morning & evenings.

- ♣ 1x month on a Friday morning at 10.00 am
- ♣ 1x month on a Thursday evening at 7.45 pm

For details of dates or venue ring:

- ♣ Kirsten Gendall 568-2607 or
- ♣ Rachel Clarke 568-8491

Aim:

- ♣ To provide a network for women interested in home birth in the Hutt Valley.
- ♣ To meet for informal discussion and support, with the occasional guest speaker on topics of mutual interest.
- ♣ To provide support for women in the group who have a baby

In early 1996 the group decided to:

- ❖ ask for an annual donation of \$5.00 on joining the group to assist with the cost of photocopying and postage.
- ❖ to provide support for women in the group who have had babies by providing one meal and one lot of baking early in the post-natal period. A committee member will organise this and you will be asked on a rotational system if you can help with this.
- ❖ If you wish to have your midwife notify us of your birth please let her know and give her a contact persons phone number. This will help us to get a meal to you after the birth of your baby.

General format of the meetings

- Arrival
- Welcome and topic introduction (by facilitator)
- Names round: introduction of adults and children. Usually a comment on whether you have planned home births, number of births had at home
- Birth Stories (recent if any, otherwise any group member to share their birth experiences)
- Discussion on topic

We would like the facilitators role to be shared amongst group members from meeting to meeting. The above format gives an idea of how each meeting usually runs.

Wellington Polytechnic

Te Kuratini O Te Whanganui A Tara

**Diploma of Midwifery
Research Presentations 1996
At Wellington Polytechnic
Room 7D07/09
Wednesday 25th September**

9-9:45am

Midwives Perceptions of Waterbirth

Karen Gardiner, Ruth Gerstgraser, Jo Pram and Maretta Rongonui

9:45-10:30

Why Women Chose Midwife Only Care after a Previously Medical Supervised Care

Lynsay Broome, Dinah Northcott and Sara Paley

10:30-10:45

Morning Tea

10:45- 11:30

Primigravida Women's Perception of the role of Antenatal Education in Preparing them for their birth Experience

Fiona Brickell and Belinda Rogers

11:30- 12:15

The Experience of Primigravida Women Aged 40 Years and Over

Nicky Costello and Sue Walker

1:15-2pm

The Expectations and Experiences of First Time Fathers in the Puerperium

Pepe Nanai, Gabrielle Nunns and Heidi Parrish

2-2:45

A Study of Six Women's Experiences of Homebirth

Jane Currie, Marie Danita, Irally Moveni and Rob Turner

2:45-3pm

Afternoon Tea

3-3:45pm

Women's Experiences of Childbirth: airbirth and waterbirth

Kelsey Smith and Belinda Yeates

