

NEW ZEALAND COLLEGE OF MIDWIVES

WELLINGTON REGION

JUNE NEWSLETTER

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Section 51

Must be the high (low) light of the month and by now midwives should have received a copy of this delightful document and hopefully attended one of the many meetings with Kim Wheeler, a consultant with Ernst & Young. Kim has been holding meetings with various groups of midwives in the Central RHA area, to discuss some of the implications of this document and to answer as best as she can, questions that midwives may have. If you are in Independent practise or if you intend to do be in the near future, then it is important that you become informed about how this is going to affect you, your practise and the women you have as clients.

If you do not have a copy of the Section 51 document, write to the CRHA and ask them to send you one. If you want to contact Kim Wheeler to organise a meeting in your area, she can be contacted at Ernst & Young, Ph. 499 4888.

Prescribing

Thanks to Mary Anne Mahanga a pharmacist from Island Bay who gave a very informative talk on prescribing at the last COM meeting. Mary Anne went through the process of what information was needed on the form and answered questions in a clear and concise way helping to remove some of the mystification of prescribing for the uninitiated.

Postnatal Depression

Roche have an easily administered Postnatal Depression scorer pad which is available in a number of different languages. A good test was recently surveyed in Christchurch and written up in Kaitiaki. To obtain a pad contact Roche on Free phone 0800 656 464 or Fax 09 633 0722.

Family Planning

Family planning are happy to organise a course(s) specifically for midwives. Ideas for topics to date are: contraception (oral, barrier etc), sexuality in general, teenage sexuality, Pacific Island sexuality, STD's, etc. Contact your local COM if you are interested or better still come to the next meeting.

Paediatric Workshop

Leo Buchanan is to hold another Paediatric workshop which is a great opportunity for midwives to increase their skills and knowledge in the examination of the baby at birth, through to and including the 6 week check. To be held on 29th of June, cost is \$180. To register your interest contact Charlotte Smith Ph 472 2218.

Wintergreen

Sandra and I recently had the privilege of attending a workshop in Fielding which was run by Wintergreen a renowned international speaker who has worked with childbearing women in many countries for over 20 years. We came away with full heads, a great appreciation for the practical and theoretical information that this amazing woman imparted to us and a date for a workshop to be held in Wellington.

WINTERGREEN - PELVIC DISCOVERY WORKSHOP

3rd August 1996

Limited to 20 participants

Cost: \$110 NZCOM members - \$130 non-NZCOM members

This is a must for ALL midwives. You will be guided in the discovery of the pelvis like you have never been before, it will come alive in a way that it has never done before and if you think you have a good knowledge of the pelvis then remember that as a midwife you are always learning - and you will!

Notices will be placed soon in all the relevant places, further information will be in the next newsletter or you can contact Sandra Sinclair Ph 528 2092.

Homebirth Statistics

These forms are important to fill out and send in to the Auckland Homebirth Association as homebirth statistics are not collected by anyone else. The RHA's use these statistics to base the number of homebirths and also the outcomes therefore every one counts. Other organisations also request these statistics, often when looking at the safety of homebirth. It is vital that all those midwives assisting at homebirths fill in this form so that true and accurate information is held about homebirth. If you require some of these forms, then contact the Auckland HBA, Ph. 09 620 6214 or write to them at P.O. Box 7093, Wellesley Street, Auckland. You can also get them from your local HBA or from COM meetings.

WRAM

Next meeting will be held at Trinity Union Church, Wednesday 3rd July from 12 to 2pm.

NEXT NZCOM MEETING

Will be held at Hutt Hospital, 7.30 pm, 9th July. Treat for the evening will be the return of the wandering Oslo midwives and their feedback on the ICM conference. Mana Parents Centre will also be filling us in on the infamous Empathy Belly and Denise Garcia will give us an update on "Parents as first teachers".

Midwifery Administrative Services Offers You

Consumer Feedback Form Packs **READY TO GO**

Save **TIME & EFFORT** Buy CFF packs

@ only \$1.75 ea (excl GST)
This includes 80 c worth of postage!!!

The pack includes:

- ❖ a consumer feedback form, with improved, professional presentation (*contains the same information*), and a pre-addressed & stamped envelope to "The Questionnaire Co-ordinator" (PO Box 9600, Wgtn 1)
- ❖ enclosed in a stamped envelope ready for postage to clients

Please note that these forms can be individualised to your needs

To order:

Return the form below or place an order by phone or fax (including all order form details)

Rachel K Clarke, Midwifery Administrative Services

15 Campbell Tce, Petone, Lower Hutt. Tel \ Fax or (04) 568-8491

Name:

Address:

Tel \ Fax no.

Number of units required: _____

Cheque enclosed for \$ _____ .00

Please invoice me.

The Review Tool is available on disc

You will receive three copies of the review tool document template (excluding the A3 stats sheet) all ready to type your review in to.

Master Copy - Consumer Feedback Form

If you wish to photocopy these yourself I do have the newly formatted master copy available.

Important: Update from the Midwifery Standards Review Co-ordinator

If you are using the old College Consumer Feedback form there are some changes that need to be made to update it. These are described below.

On the College form you need to:

- ❖ delete the statement "This questionnaire will be returned to your midwife unless you tick NO". or delete the latter part so that it states "This questionnaire will be returned to your midwife" (after collation)
- ❖ Please note that Beryl's details for the complaints process require updating
Please phone Beryl Davies on ☎ 383-7403 or ☎ 801-2794 x 8755 (wk)

Return address.

Don't forget that you need to put your return address on the back of the envelope which you post to clients. It will help them to know who it comes from and the Post Office like it too!

Copies available.

I have copies of the College consumer feedback form (with the updates added) if you require a copy.

1996 Reviews

Thank-you to all those people who attended the training day for panel members and also the information day for midwives. The information day was a great success with lots of bookings made for review. If you wish to be reviewed this year I could create some more review slots so please ring me to discuss possibilities.

Evaluation Forms for The Midwifery Standards Review Panels.

These are as important to us as your client forms are to you so please return them. We will take the feedback very seriously. On behalf of the committee I sincerely hope that you find the process of review constructively useful for you, both personally and professionally.

1997 Reviews

In the forthcoming holidays I will be drawing up the review schedule for 1997. All independent midwives will be booked in and offered the opportunity for review. If you have been reviewed this year I will probably place your review toward the middle of next year. If you have a preference for when you want your 1997 review to take place please ring me on receipt of your newsletter.

You can look forward to receiving your review tool pack around late July / August.

Information Day

An information day for midwives anticipating a 1997 review will be held either on a Sunday or at a College meeting in mid to late November. Details to follow in a later newsletter.

Some ideas to help you get started

Statistics

Write your statistics down on the A3 form (once you have it) for the births and care you provide as you go. This makes it easier than doing it all in one go. It might be handy to keep it with your birth register. It is possible that if you use the Tauranga birth register you could photocopy this (deleting names) but more about that later. You will need to backdate to the beginning of this year (1996) for your statistics.

College of Midwives Consumer Feedback forms.

It is recommended that you post these out to your clients between 6 weeks and 3 months post partum. It would be good to back-date these also to those clients you have worked with since the beginning of 1996, as it is more valid statistically speaking if you have the greatest number of clients returning the forms as possible.

Enquiries

Do not hesitate to ring me on 568-8491 (answerphone) for Midwifery Administrative Services and Midwifery Standards Review enquiries.

8/6/96

Dear Bridget,

Could you please insert the following in the newsletter.

I have tried to present it in a format that could be photocopied straight away without you needing to retype it all,

Regards Rae

→ 2 pages sorted. Thanks,

I will send Jean O'Neil \$20.00 for the advertising part of these pages.

Regards Rae

sent by
sent to the printer



Sandra Helen Sinclair
94 Wyndham Road
Pinehaven
UPPERHUTT