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New Zealand  
**College of Midwives**  
WELLINGTON REGION

PO Box 9600  
Wellington

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WELLINGTON REGION REPORT  
November 1996

The last part of the year has been relatively quiet. Monthly meetings have been well attended by those midwives in the area in which the meetings were held, but distances seem to inhibit midwives travelling. Some good discussions at meetings and exchange of ideas.

Helen O'Flynn, from Bounty, and Dina Fuli also joined us at separate meetings. Helen explained her Bounty packs, their content, and usefulness to women. Dina gave a thought provoking and far too short dissertation on issues surrounding sexuality, contraception and childbirth as they relate to Pacific Island women. Discussion and question time followed.

Sue Calvert being unwell earlier in the year had us looking for a new Editor for the newsletter. Her place has been most ably filled by Bridget Morrison. Bridget's bright chatty format keeps the region well up to date on local issues and matters of national importance to midwives.

Many thanks to Sue for her time and effort in the past.

The revue committee reports that a fair percentage of midwives have been reviewed this year but that next year the number will be far greater. Rae Clarke has put in lots of time and effort to establish panels and encourage midwives to present themselves.

Workshops held in the last quarter were from the Family Planning Association and a repeat 'Pelvic Discovery' workshop from Wintergreen. The Family Planning workshop was very well presented and attended and covered a large range of topics related to sexuality and contraception. Guest speakers were interesting and concerns raised by midwives were well addressed.

Wintergreen once again generously shared her knowledge with midwives who went away with some excellent practical knowledge and skills to assist them in their practise of midwifery.

Midwifery students wind down their year and midwives who had students attached to their practice, and many did, can see that their input has been more than useful to these students, as it gives them first hand clinical experience and an insight into independent midwifery practice.

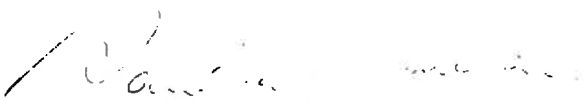
Section 51 has created mountains of paper work. Slowly we come to terms with it all. Matpro midwives in the Wellington region appear to have become more involved with Matpro than the College,

but I push on with ideas and share information as it comes to hand. It is good to know that as new midwives with a very clear vision of midwifery graduate there will be new blood stirring in the College veins.

Hutt Valley Health Maternity Unit has been undergoing an internal review of its service.. Management invited Independent midwives to an information meeting and provided them with a venue to make comment and have input. A visionary approach in this day and age when so much is done without adequate consultation.

It has been both an eye opener and a privilege to be the Regional co-ordinator for the past 8 months. I shall continue as long as I am acceptable to the region. One certainly learns a lot.

Seasons greetings, and happy midwifery to all,



Sandra Sinclair